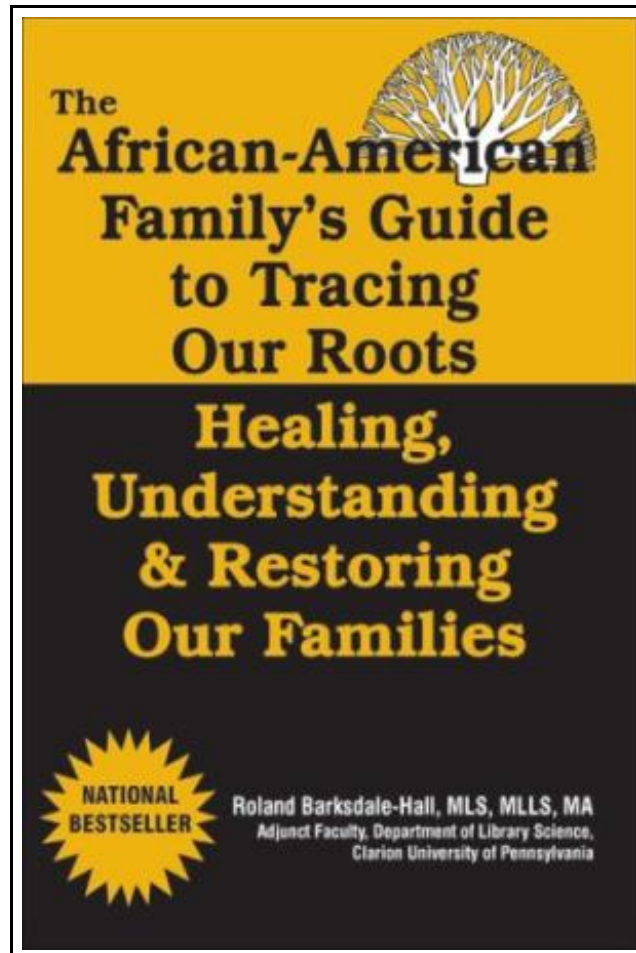


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Reviews

This kind of publication is every little thing and taught me to looking ahead of time and a lot more. It is packed with wisdom and knowledge Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Amber Communications Group. Paperback. Book Condition: New. Paperback. 236 pages. Dimensions: 8.7in. x 5.7in. x 0.8in. The African American Familys Guide to Tracing Our Roots. . . Healing, Understanding and Restoring Our Families is for every African American who has ever thought about researching their family history! Award-winning historian Roland Barksdale-Hall will help us rethink past events, explore vital health matters, and better understand our families, increase our level of awareness about cultural and historical identities and develop better understanding of the events, which help to shape our families values, beliefs, and attitudes. The book discusses a TWELVE-STEP PLAN TO HEALTH, WEALTH, AND SUCCESS. It shows us how to incorporate these easy to achieve every-day activities including: Practicing conversion; Bonding to healthy communities; Getting our dollars to work; Rapping with our elders; Joining together for the common good; Voting in local, state, and national elections; Reading more and Increasing our cultural awareness; Knowing our history and Rethinking our past; Taking a calculated risk; Pursuing our passion and Birthing a vision; Building bridges to confidence through Unity; Celebrating lifes passage; Instilling positive values; Excelling in what we do. ITS ALL HERE! How to Begin, Precious Keepsakes, Looking for Freed Persons, African Connections, Healing through Storytelling and Restoring the Family with detailed listings of Genealogical Societies, Lineage Societies and much more. The African American Familys Guide to Tracing Our Roots offers solutions by asking tough questions in the Life Applications to provoke constructive thought and discussion. It is a call to get back to work, to heal ourselves, seek restoration of families, and return to the way of caring and sharing. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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